

LACEY MENS 2011 SPRING TRACK AWARDS

Letter Awards	Cameron Blackwell, Keith Charette, Kevin Charette, Anthony Colasurdo, Sean Corbley, Frank Datello Joe DeTroia, Ryan Flannery, Sean Frank, Robbie Honeycutt, Noah Jacobs, Chris Jensen, Erik Keller Chris Lembo, Matt Lembo, Joe McMahon, Johnny Noto, T J Phillips, Tony Pierce, Matt Ruhnke Scott Ruppert, Zach Torrell, Christian Tutela, Matt Uveges, Dan Velez		
Senior Letter Award	Mark Colasurdo - Wes Darcy - James DiGenno - Alex Gunshefski		
Three Year Awards	Noah Jacobs - Zachary Torrell - Matt Uveges - David Vieira		
Four Year Awards	Anthony Colasurdo - Frank Datello		
School Records	Anthony Colasurdo	800 Meters	1:55.30
	Anthony Colasurdo	1500 Meters	4:01.98
	Anthony Colasurdo	1600 Meters	4:18.06
	Anthony Colasurdo	5000 Meters	15:32.59
	Zachary Torrell	Javelin	201-05
	Tony Pierce	Triple Jump	40-03.50
State Champions	Anthony Colasurdo	1600 Meters	
	Noah Jacobs	3200 Meters	
	Matt Uveges	Discus	
	Zachary Torrell	Javelin	
Academic Award	Wes Darcy		
Golden Paw	David Vieira		
Most Valuable Track	Anthony Colasurdo		
Most Valuable Field	Zachary Torrell		

LACEY MENS SPRING TRACK

DATE	MEET/ INVITATIONAL	PLACE	
APRIL			
1	FRI	REBEL FROSH / NOVICE	HOWELL HS
2	SAT	REBEL RELAYS	HOWELL HS
5	TUE	MANCHESTER	AWAY
9	SAT	MOORESTOWN RELAYS	MOORESTOWN
12	TUE	BRICK TWP	HOME
16	SAT	HOLMDEL RELAYS	HOLMDEL H. S.
26	TUE	PINELANDS	AWAY
29/30	FRI/SAT	PENN RELAYS	PHILADELPHIA, PA.
MAY			
2	MON	BARNEGAT	HOME
6	FRI	OCEAN CO. RELAYS	SOUTHERN REG
9	MON	CENTRAL REGIONAL	HOME
12/14	THU/SAT	OCEAN COUNTY CHAMP	JACKSON LIBERTY
20/21	FRI/SAT	SHORE CONFERENCE	NEPTUNE
23	MON	EAST COAST RELAYS	MORRISTOWN
24	SAT	OCEAN CO FROSH/NOVICE	CENTRAL REGIONAL
27/28	FRI/SAT	GROUP 3 SECT	EGG HARBOR
JUNE			
3/4	FRI/SAT	GROUP 3 CHAMPIONSHIP	SOUTH PLAINFIELD
9	THUR	MEET OF CHAMPIONS	SOUTH PLAINFIELD
16	THUR	SPRING BANQUET	GILLE PARK

Noto, Johnny															8-06(2)
Owens, Jerry															
Phillips, T J															
Pierce, Tony												19-06(1)	37-09.5(1)		
Purtell, Steve															
Ruhnke, Matt	67.5(2)														
Ruppert, Scott									40-04	102-04					
Ryan, Jake															
Schoeneberg T.															
Smith, Troy			5:34.9												
Torrell, Zack												168-03(1)			
Tutela, Christian		11.8(1)				24.1(1)									
Uveges, Matt									44-05(2)	157-09(1)					
VanBlarcum, B.															
Velez, Dan					18.7(2)										
Vieira, Dave									52-06(1)	108-07(3)					

Rain Shortened Meet No 3200 meter or 4 X 400 relay

HJ
5-08(1)

5-08(2)

CENTRAL REGIONAL		@ LACEY TOWNSHIP HIGH SCHOOL										MAY 9 , 2011				
Name	400IH	100M	1600M	400M	110H	800M	200M	3200M	4X400	SHOT	DISC	JAV	LJ	TJ	PV	HJ
Blackwell, C.												146-03(3)	19-08(1)			6-02(2)
Caposele, John						2:33.3										
Charette, Keith						2:04.8(1)			57.4							
Charette, Kevin																
Colasurdo, A.																
Colasurdo, Mark			5:51.1													
Corbley, Sean			4:54.7(3)						62.2							
Covell, Travis												120-09				
Darcy, Wes						2:15.5			59.9							
Datello, Frank															13-06(1)	
DeTroia, Joe	63.0						24.1									
DiGenno, James																
Erikson, Evan		16.8														
Faragi, Luis																
Finnegan, Tom		14.8		70.1												
Fischer, Alex																
Flannery, Ryan			4:48.8(1)						56.5							
Frank, Sean		11.7					24.0								9-06	
Garrity, Andrew						2:48.4										
Grande, John		13.0		68.0												
Gunsheski, Alex			6:18.0													
Hadley, Pete										37-05.5						
Hammer, Candler																
Honeycutt, Robby												126-07				
Hopper, Andy			5:53.0													
Howlett, Josh				62.1												
Howlett, Zack		12.6														
Jacobs, Noah																
Jensen, Chris												145-05				
Keller, Erik											132-00					
Lembo, Chris				57.6			26.4									
Lembo, Matt				55.5(2)			25.2									

McMahon, Joe								10:34.0								
McMahon, Matt								12:29.2								
Noto, Johnny															10-00	

Owens, Jerry					2:39.4											
Phillips, T J							10:45.0									
Pierce, Tony												19-00.5(2)	40-03.5(1)*			
Purtell, Steve																
Ruhnke, Matt							10:25.7(1)									
Ruppert, Scott									42-05	116-08						
Ryan, Jake																
Schoeneberg T.																
Smith, Troy					2:26.5											
Torrell, Zack												180-03(1)				
Tutela, Christian		11.6				24.0(3)										
Uveges, Matt									44-06.5(2)	163-04						
VanBlarcum, B.									38-05.5	94-07						
Velez, Dan				18.9		25.9										
Vieira, Dave									48-02(1)	121-03						
School Record *									3:56.0				40-03.5*			

SHORE CONFERENCE FROSH / JV @ CENTRAL REGIONAL HIGH SCHOOL											MAY 23, 2011					
Name	400IH	100M	1600M	400M	110H	800M	200M	3200M	4X400	SHOT	DISC	JAV	LJ	TJ	PV	HJ
Aceto, Casey																
Allsopp, Zack										30-06.50						
Arce, Jordan											90-02					
Balcerski, Kyle																
Blackwell, C.																
Caposele, John			6:26.8			2:34.9										
Charette, Keith																
Charette, Kevin																
Colasurdo, A.																
Colasurdo, Mark																
Corbley, Sean			4:53.8(3)					11:01.5(3)								
Covell, Travis												132-02(2)				
Darcy, Wes																
Datello, Frank																
DeTroia, Joe																
DiGenno, James			5:19.7			2:24.0										
Erikson, Evan		17.10					37.02									
Faragi, Luis												90-10				
Finnegan, Tom							31.21									
Fischer, Alex												80-07				
Flannery, Ryan																
Frank, Sean		12.20								56.1					9-06(2)	
Garrity, Andrew			6:03.2			2:46.9										
Grande, John		13.26					28.86									
Gunshefski, Alex																
Hadley, Pete										37-05.5(4)						
Hammer, Candler										31-10.25	79-10					
Honeycutt, Robby																
Hopper, Andy																
Howlett, Josh				60.6					59.5							
Howlett, Zack																
Jacobs, Noah																
Jensen, Chris												156-10(1)				
Keller, Erik																
Lembo, Chris																
Lembo, Matt																

McDonald, Logan												95-06				
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Pierce, Tony													19-01(2)	39-03(3)		
Purtell, Steve											78-11					
Ruhnke, Matt	68.6		5:09.6													
Ruppert, Scott											100-01					
Ryan, Jake																
Schoeneberg T.	68.8				20.2											
Smith, Troy																
Torrell, Zack													195-01(1)*			5-08(3)
Tutela, Christian		12.2					25.3									
Uveges, Matt										45-07(3)	161-03(1)					
VanBlarcum, B.																
Velez, Dan					19.0											
Vieira, Dave										52-01(1)	140-04(2)		18-07			
School Record *										3:44.0			195-01*			

MEET OF CHAMPIONS

@ OLD BRIDGE HIGH SCHOOL

JUNE 13, 2011

Name	400IH	100M	1600M	400M	110H	800M	200M	3200M	4X400	SHOT	DISC	JAV	LJ	TJ	PV	HJ
Charette, Kevin																
Colasurdo, Anthony			4:34.23													
Colasurdo, Mark																
Corbley, Sean																
Covell, Travis																
Darcy, Wes																
Datello, Frank																
DeTroia, Joe																
DiGenno, James																
Flannery, Ryan																
Frank, Sean																
Garrity, Andrew																
Grande, John																
Gunshefski, Alex																
Hopper, Andy																
Howlett, Josh																
Howlett, Zack																
Jacobs, Noah																
Jensen, Chris																
Keller, Erik																
Lembo, Chris																
Lembo, Matt																
McMahon, Joe																
McMahon, Matt																
Noto, Johnny																
Owens, Jerry																
Phillips, T J																
Pierce, Tony																
Purtell, Steve																
Ruhnke, Matt																
Ruppert, Scott																
Torrell, Zack												191-00(8)				
Tutela, Christian																
Uveges, Matt											154-04					
VanBlarcum, B.																
Velez, Dan																
Vieira, Dave																

School Record *

MOORESTOWN RELAYS		MOORRESTWON HIGH SCHOOL								APRIL 9, 2011				
Name	5000M	4 X 200	4 X 800	4 X 100	D. MED.	S. MED.	1500M	4X400	SHOT	DISC	JAV	LJ	TJ	PV
Carrow, Tasheen		25.5				25.7								
Charette, Keith					4:37.9	2:12.7								
Charette, Kevin					2:18.8									
Colasurdo, Anthony	15:32.59* (1)													
Corbley, Sean			2:20.8				4:40.50							
Darcy, Wes			2:17.8					58.9						
Datello, Frank														13-00
DeTroia, Joe				11.6				53.6						
Flannery, Ryan			2:08.5			55.1								
Frank, Sean		24.9												
Honeycutt, Robby											133-00			
Jacobs, Noah	15:45.66 (6)													
Jensen, Chris											119-00*			
Keller, Erik										129-08*				
Lembo, Chris		25.3						57.1						
Lembo, Matt					53.8			54.6						
McMahon, Joe	16:52.39						4:37.42							
Noto, Johnny														8-00
Phillips, T J					3:45.4									
Pierce, Tony				11.7								17-11	37-09	
Ruhnke, Matt			2:16.9				4:33.26*							
Ruppert, Scott									41-05*					
Smith, Deon				11.2								17-04	34-08.5	
Torrell, Zack											169-00			
Tutela, Christian				11.4										
Uveges, Matt									42-11	151-10				
Velez, Dan		25.0				25.3								
Vieira, David									50-09.75	107-04				
Total / S Record*		1:40.96	8:59.03	46.12	11:36.28	4:04.60		4:04.60	93-08.75 (2)	259-02 (2)	302-00 (3)	35-03	72-05.5 (6)	21-00 (4)
Throw Relay									41-05*	129-08*	119-00*		290-01 (1)	

OCEAN COUNTY CHAMPIONSHIP											@ JACKSON LIBERTY HIGH SCHOOL				MAY 12&14 , 2011	
Name	400IH	100M	1600M	400M	110H	800M	200M	3200M	4X400	SHOT	DISC	JAV	LJ	TJ	PV	HJ
Blackwell, Cameron												142-00				6-00(5)
Caposele, John																
Charette, Keith			4:47.42													
Charette, Kevin																
Colasurdo, Anthony			4:22.74(2)			1:56.11(1)		10:03.29								
Colasurdo, Mark																
Corbley, Sean																
Covell, Travis												119-09				
Darcy, Wes						2:12.79										
Datello, Frank															13-06(1)	
DeTroia, Joe				53.92												
DiGenno, James						2:19.92										
Flannery, Ryan			4:48.0			2:05.15										
Frank, Sean																
Hammer, Candler												132-03				
Honeycutt, Robby																
Hopper, Andy																
Howlett, Josh																
Howlett, Zack																
Jacobs, Noah			4:28.67(6)					9:37.99(2)								
Jensen, Chris																
Keller, Erik																
Lembo, Chris				58.39												
Lembo, Matt				55.51												
McMahon, Joe								10:43.62								
McMahon, Matt																
Noto, Johnny																
Owens, Jerry																
Phillips, T J			4:56.61													
Pierce, Tony														39-04		
Purtell, Steve																
Ruhnke, Matt			4:48.83													
Ruppert, Scott										41-00						
Torrell, Zack												185-06(1)				
Tutela, Christian																
Uveges, Matt										43-02	ND					
VanBlarcum, B.										37-05.5						
Velez, Dan																
Vieira, Dave										53-08(1)						
School Record *	Team finished 2nd overall in Ocean County															

REBEL RELAYS		HOWELL HIGH SCHOOL						APRIL 1/2, 2011					
Name	4X100H	4X100	4X200	4X400	4X800	S. Med	D Med	SHOT	DISC	JAV	LJ	TJ	PV
Balcerski, Kyle	18.7												NH
Blackwell, C.										140-09			
Burt, Tyler													
Caposele, John						65.2*							
Charette, Keith						2:12.4	2:09.4						
Charette, Kevin							2:24.9*						
Colasurdo, A.							3:10.7						
Colasurdo, Mark					2:29.6*								
Corbley, Sean				62.8*			5:11.8*						
Darcy, Wes				59.8	2:20.2								
Datello, Frank													12-6
DeTroia, Joe	18.8	12.4											
DiGenno, James					2:26.9*								
Finnegan, Tom				69.1*		29.7*							
Flannery, Ryan				57.5	2:12.5								
Frank, Sean		11.9*	24.1										
Gunsheski, Alex					2:43.6*								
Honeycutt, Robby										136-10			
Hopper, Andy					2:44.9*								
Jacobs, Noah							4:29.4						
Keller, Erik									113-9				
Lembo, Chris			25.4			24.5							
Lembo, Matt						55.3	54.1						
McMahon, Joe					2:17.5								
McMahon, Matt						2:38.0*							
Noto, Johnny		12.9*				27.5*							
Phillips, T J				63.2*			3:43.1*						
Pierce, Tony		12.1									18-7	38-9.75	
Ruhnke, Matt				58.7	2:17.3								
Ruppert, Scott								42-02	97-9				
Schoeneberg, T.	19.0												
Smith, Deon		11.6				24.8					NM	36-6.25	
Smith, Troy				64.6*			64.7*						
Stapleton, Joe		11.3		55.9							17-6.5	37-3.75	
Torrell, Zach										156-0			
Tutela, Christian		11.6*	24.6										
Uveges, Matt								42-0.50	142-8				
Velez, Dan	19.3	11.7*	25.9										
Vieira, Dave								50-4.25					
TOTAL / PLACE	1:16.99(6)	47.22(4)	1:41.2(7)	03:50.9	9:06.6(4)	3:57.0(2)	10:43.58(1)	134-6.75(1)	354-2 (2)	433-07 (1)		112-7.75(2)	
Frosh/Soph/JV*		48.01(1)		4:19.1(3)	10:25.0	4:40.7(6)	12:24.7(3)						

GROUP 3 SOUTH JERSEY				@ EGG HARBOR TOWNSHIP HIGH SCHOOL								MAY 27-28, 2011				
Name	400IH	100M	1600M	400M	110H	800M	200M	3200M	4X400	SHOT	DISC	JAV	LJ	TJ	PV	HJ
Charette, Kevin																
Colasurdo, A.			4:18.06 (1)			1:55.30 (2)*										
Colasurdo, Mark																
Corbley, Sean																
Covell, Travis																
Darcy, Wes						2:09.54										
Datello, Frank															13-00 (3)	
DeTroia, Joe				54.56												
DiGenno, James																
Flannery, Ryan						2:05.11										
Frank, Sean																
Garrity, Andrew																
Grande, John																
Gunshefski, Alex																
Hopper, Andy																
Howlett, Josh																
Howlett, Zack																
Jacobs, Noah			4:27.15 (6)					9:44.82 (1)								
Jensen, Chris												156-00 (6)				
Keller, Erik											125-03					
Lembo, Chris				56.88												
Lembo, Matt				55.82												
McMahon, Joe								10:58.95								
McMahon, Matt																
Noto, Johnny																
Owens, Jerry																
Phillips, T J																
Pierce, Tony														39-05.75		
Purtell, Steve																
Ruhnke, Matt			4:48.62													
Ruppert, Scott										40-11.25						
Torrell, Zack												201-05 (1)				
Tutela, Christian																
Uveges, Matt										44-02.50	165-10(1)					
VanBlarcum, B.																
Velez, Dan																
Vieira, Dave										52-07.5(3)	128-06					
School Record *						1:55.30*							201-05*			

CONGRATULATIONS

2011 NJSIAA GROUP 3 SJ CHAMPIONS

1600 METERS ANTHONY COLASURDO

3200 METERS NOAH JACOBS

DISCUS MATT UVEGES

JAVELIN ZACH TORRELL