**Varsity Letter requirements for Boy and Girls Swim**

| Boys  Varsity Times | Event | Girls  Varsity Times |
| --- | --- | --- |
| 2:11.0 | 200 Freestyle | 2:29.99 |
| 2:30.0 | 200 I.M. | 2:49.99 |
| 25.99 | 50 Free | 29.99 |
| 1:10.0 | 100 Butterfly | 1:19.99 |
| 58.99 | 100 Free | 1:09.99 |
| 6:20.0 | 500 Free | 6:59.99 |
| 1:10.0 | 100 Back | 1:19.99 |
| 1:18.0 | 100 Breast | 1:29.99 |

**Swimmers must meet the time requirements in 2 different strokes, or in one stroke/distance 3 times.**

Swimmers qualifying for Shore Conference in any event automatically earn a letter.

The coaching staff is aware that a swimmer can positively affect the team in meets, but never reach the time requirements. Therefore, the coaching staff has adopted an additional set of criteria for swimmers to earn their varsity letter.

In order to earn a varsity letter, the swimmer must average four (4) points per dual meet by the end of the season, have zero (0) unexcused absences, **and** not be benched for a meet due to attendance or disciplinary issues.

ex. The team swims ten (10) meets. The swimmer must have a minimum of 40 points by the end of the season. Note: The Ocean County Meet is not a dual meet. Any points earned during this meet are bonus points.

**Swimmers and Parents:**

A letter or award may be withheld, when in the opinion of the head coach, an athlete has elected to not be an ambassador of the school and the sport of swimming and has willfully brought dishonor upon themselves and/or the team or school. This includes but is not limited to poor sportsmanship, violations of school rules, team rules, or the use of tobacco, alcohol, or drugs.

Finally, no set of eligibility requirements is all-inclusive. When a situation arises that is not covered under the above requirements, the head coach reserves the right to award or withhold a letter or award based upon the situation’s overall impact upon the integrity of the letter or award or program.

Parent/s Name (printed) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent/s Signature\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Athlete’s Name (printed) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Athletes Signature\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_