

LIONS TRACK & FIELD

TOP 10

100 M

Tim O'Rourke	10.60	1988
Andrew Burt	10.90	2009
Matt Ferrara	11.01	2004
Matt Ferrara	11.10	2002
Matt Ferrara	11.10	2003
Matt Zinn	11.12	2005
Matt Mason	11.20	2008
Carl Schemel	11.20	2007
Matt Zinn	11.20	2004
A. J. Malkiewicz	11.20	2002

200 M

Tim O'Rourke	21.38	1988
Andrew Burt	22.20	2009
Brandon Frank	22.25	2017
Matt Ferrara	22.30	2003
Brandon Frank	22.50	2018
Matt Ferrara	22.50	2004
Casey Braun	23.10	2001
Matt Zinn	23.20	2005
A.J. Malkiewicz	23.40	2001
Matt Zinn	23.50	2004

400 M

Andrew Burt	48.66	2008
Tim O'Rourke	49.40	1988
Brandon Frank	50.57	2018
Alex Lytle	50.78	2019
Brandon Frank	50.81	2017
Rob Larsen	51.41	1999
Tom Pierson	51.56	2007
Alex Lytle	52.31	2017
Alex Lytle	52.38	2018
Tom Pierson	52.60	2008

800 M

Anthony Colasurdo	1:55.3	2011
Tom Pierson	1:55.5	2007
Tom Pierson	1:56.6	2008
Alex Lytle	1:59.1	2019
Matt Stephens	1:59.4	2000
Matt Stephens	1:59.4	2000
Alex Lytle	1:59.5	2018
Noah Jacobs	2:00.9	2012
Dave Palczewski	2:01.1	2003
Dave Palczewski	2:01.1	2003

1600 M

Anthony Colasurdo	4:18.0	2011
Anthony Colasurdo	4:20.1	2010
Noah Jacobs	4:22.2	2012
Eamon Blanchard	4:22.9	1995
Anthony Colasurdo	4:24.7	2009
Noah Jacobs	4:25.1	2010
Noah Jacobs	4:28.6	2011
Sean Corbley	4:31.3	2014
Roger Hopper	4:31.3	2008
Sean Corbley	4:31.8	2013

3200 M

Noah Jacobs	9:26.5	2012
Eamon Blanchard	09:34.0	1995
Phil Wood	09:36.5	2008
Noah Jacobs	09:37.9	2011
Roger Hopper	09:40.1	2008
Phil Wood	09:42.7	2010
Keith Charette	09:44.0	2012
Phil Wood	09:50.9	2009
Sean Corbley	09:55.1	2013
Will Rapsas	09:55.5	2017

110 M H HURDLES

Brian Fisher	14.93	1999
Shane Ohlsson	15.00	2000
Eric Schmidt	15.44	1999
Brian Fisher	15.60	1998
Stephan St. Clair	15.80	2009
Andrew Burt	16.10	2007
Eric Schmidt	16.10	1998
Casey Braun	16.12	2002
Andrew Burt	16.30	2008
James Mitchell	16.33	2019

400 M I HURDLES

Andrew Burt	53.48	2009
Andrew Burt	54.51	2008
Brian Fisher	56.40	1999
Shane Ohlsson	57.35	1999
Eric Schmidt	58.04	1999
Shane Ohlsson	58.06	2000
Andrew Burt	58.60	2007
Casey Braun	58.60	2002
Casey Braun	58.70	2001
Andrew Burt	59.50	2006

4 X 400 M RELAY

Rickmers/Yednak Pierson/Burt	3:26. 2	2008
Rickmers/Vona	3:27.7	2009
Colasurdo/Burt		
Mason/Yednak	3:29.6	2008
Pierson/Burt		
Davis/Lytle	3:30.55	2018
Breen/Frank		
Gilrain / Larsen	3:30.6	1999
Schmidt / Fisher		

1500 M

Anthony Colasurdo	4:01.98	2011
Matt Ruhnke	4:33.26	2011
Matt McMahon	4:37.42	2011
Sean Corbley	4:40.50	2011
Will Rapsas	4:41.66	2017
Barry Timony	4:44.90	2013
Ryan Corbley	4:47.77	2014
Ryan Corbley	4:57.92	2013
Nick Buzzeo	4:54.53	2013
Andrew Downs	5:03.70	2013

HIGH JUMP

R. Pingaro J. Provaznik	6-06	92/07
John Provaznik	6-04	2006
Cameron Blackwell	6-02	2011
John Provaznik	6-02	2005
Matt Cohen	6-02	2005
Shane Ohlsson	6-02	1999
Mike Milano	6-00	2002
Dylan Breen	5-10	2018
Stephan St.Clair	5-10	2009
M. Milano J. Ollie	5-10	99/01

SHOT PUT

Vinnie Elardo	58-11	2007
Tom Strychowski	54-08	2016
Dave Vieira	53-08	2011
Dave Vieira	52-0.25	2010
Robert Tupper	51-05	1982
Ryan Gallagher	50-02	1999
Rich Grande	49-9.5	2010
Ken Henry	48-11	2003
Rich Grande	48-04	2009
Ken Henry	47-01	2002

5000 M

Anthony Colasurdo	15:32.59	2011
Noah Jacobs	15:35.29	2012
Noah Jacobs	15:59.41	2010
Phil Wood	15:59.41	2010
Anthony Colasurdo	16:12.54	2010
Will Rapsas	16:28.10	2017
Joe McMahon	16:52.39	2011
Joe McMahon	17:41.25	2010
Matt McMahon	17:58.36	2013
Matt Purtell	18:00.36	2013

LONG JUMP

Dylan Breen	23-00.50	2018
Jormaine Ollie	21-01.0	1999
Stephan St. Clair	21-00.0	2008
Dylan Breen	20-11.0	2017
Mike Milano	20-05.0	2002
Shane Ohlsson	20-02.0	1999
Matt Ferrara	19-11.0	2003
Dylan Breen	19-08.75	2016
Cameron Blackwell	19-08.0	2011
Stephan St. Clair	19-08.0	2009

DISCUS

Vinnie Elardo	170-08	2006
Vinnie Elardo	170-03	2007
Matt Uveges	166-03	2011
Tom Strychowski	159-02	2016
Matt Uveges	154-06	2010
Carl Tarricone	148-10	1982
Carl Tarricone	148-10	1982
Vinnie Elardo	146-05	2005
Ron Stephensen	145-08	2008
Don Snyder	140-06	2000

POLE VAULT

Justin Lenzo	14-06	2002
Frank Datello	13-06	2011
Chris Peak	13-06	2001
Frank Datello	13-02	2010
Chris Peak	13-00	2001
Bill Scullion	12-06	2001
Justin Lenzo	12-06	2001
Jason Yorke	12-06	2001
Mike Keen	12-06	2004
Frank Datello	12-00	2009

TRIPLE JUMP

Dylan Breen	41-06.5	2018
Dylan Breen	41-06.5	2017
Dylan Danko	41-05.2	2019
Tony Pierce	40-03.5	2011
Matt Cohen	40-00.5	2005
Dylan Breen	40-00.0	2016
Stephan St. Clair	39-09.5	2008
Tony Pierce	39-04.0	2009
Ryan Monaghan	39-02.5	2003
Pat Hughes	39-00.5	2010

JAVELIN

Zach Torrell	201-05	2011
Zach Torrell	193-06	2010
Robert Tupper	193-01	1982
Brian Fisher	170-10	1999
Ron Stephensen	170-05	2008
Vinnie Elardo	161-09	2007
Anthony Caputo	161-07	2010
Rich Grande	158-00	2009
Vinnie Elardo	157-03	2006
Brian Fisher	156-10	1998