Academic Accommodations for Concussion Management

Patient Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date of Evaluation \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date of Follow-up \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

The following recommended academic accommodations may help in reducing cognitive load, thereby minimizing post concussion symptoms and allowing the student to better participate in the academic process during the recovery period. Needed accommodations may vary by course. Please complete the following areas to assist the school in providing an appropriate level of instruction.

* Attendance

☐ No School until \_\_\_\_\_\_\_\_\_\_ then half as tolerated

☐ Half days as tolerated until \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

☐ Full days as tolerated

* Other restrictions

☐ No P.E./Sports/Recess or any physical activity

☐ May eat lunch in a quiet place if needed

☐ Allow more time between classes to avoid crowded hallways

☐ Take breaks as needed to control symptoms by resting head on desk or resting in the office

* Testing

☐ No testing (including standardized, and SATs, ACTs until \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_)

☐ Allow time and a half for all testing, testing in a quiet environment, testing of multiple sessions

☐ No more than 1 test/quiz every \_\_\_\_\_\_\_\_\_\_ 24 hours \_\_\_\_\_\_\_\_\_\_48-72 hours

☐ Allow use of cue materials (i.e. note cards, class notes)

* Workload Reduction

☐ Reduce homework by \_\_\_\_\_\_\_\_\_% for each subject

☐ Shorten projects and assignments

☐ Allow extra time for completion of homework and assignments

* Classroom

☐ Allow student to obtain class notes/outlines/Power Point’s ahead of time or photo copy another student’s notes

☐ Limit computer usage, consider use of anti-glare screen

☐ Use of audio books

Doctor’s Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Signature\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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