

Lacey Mens Track 2017

SPRING TRACK SCHEDULE *Tentative

B-SOUTH MEETS IN RED

DATE	DAY	MEET/INVITATIONAL	PLACE	TIME
APRIL				
4	TUE	LAKEWOOD	AWAY	3:45/2:00B
8	SAT	MOORESTOWN RELAYS*	MOORESTOWN	9:00/6:30B
18	TUE	PINELANDS / J. LIBERTY	PINELANDS	3:45/2:00B
22	SAT	COLTS NECK RELAYS*	COLTS NECK	9:00/7:00B
25	TUE	MON DON / MANCHESTER	DONAVAN	3:45/2:00B
MAY				
2	TUE	BARNEGAT / POINT BORO	HOME	3:45
5	FRI	OCEAN COUNTY RELAYS*	SOUTHERN	4:00/2:30B
11/13	THR/SAT	OCEAN COUNTY CHAMPIONSHIP	JACKSON LIB	4:00/2:45B Sat:10:00/8:00B
20	SAT	SHORE CONFERENCE *	NEPTUNE	4:00/2:45B
23	WED	FROSH/NOVICE CHAMPIONSHIP	BRICK MEM.	4:00/2:45B
26/27	FRI/SAT	STATE SECTIONALS *	DELSEA	3:30/1:15B Sat 10:00/7:30B
JUNE				
2/3	FRI/SAT	GROUP III CHAMPIONSHIP*	N. BURLINGTON	TBA
10	SAT	MEET OF CHAMPS*	N. BURLINGTON	TBA
8	THUR	BANQUET	GILLE PARK	5:00

*Athlete may not compete in every meet

COLTS NECK RELAYS			COLTS NECK HIGH SCHOOL					APRIL 22, 2017				
Name	4 X 200	4 X 800	4 X 100	D. MED.	S. MED.	4X400	SHOT	DISC	JAV	LJ	TJ	PV
Antonelli, Dylan												
Berry, Nathan												
Bravo, Melvin												
Breen, Dylan			12.0		24.4					18-08		
Carhart, Kevin												
Conticchio, Joseph												
Danko, Dylan												
Davis, Jared	24.6			3:37.2								
Frank, Brandon			12.0	53.6	23.7							
Glenn, Michael												
Grant, Jonathan							35-00.5	98-08				
Higgins, Zachary	25.7											
Kim, Joseph												
Lane, Franklin												
Lapinski, George							39-03	123-00				
Lytle, Alex			11.8	2:21.7	52.9							
Malfitano, Richard												
Mitchelli, James												
Osorno, David												
Price, Ryan												
Ramirez, Jesus												
Rapsas, William				4:38.6	2:09.6							
Reilly, Michael	26.5											
Rose, William	25.2		12.6									
Sacramento, Kevin												
Soto, Sunny												
Theisz, Jacob												
Total / S Record*	1:42.8		48.44	11:20.03			03:50.8					
Throw Relay												

Jackson Liberty JV Series # 1										@ Jackson Liberty			4/21/17			
Name	400IH	100M	1600M	400M	110H	800M	200M	3200M	SSMed	SHOT	DISC	JAV	LJ	TJ	PV	HJ
Antonelli, Dylan			6:02.5													
Berry, Nathan				59.9					26.7							
Bravo, Melvin											52-04					
Breen, Dylan																
Carhart, Kevin																
Conticchio, Joseph																
Danko, Dylan									61.2				15-05			
Davis, Jared																
Frank, Brandon																
Glenn, Michael							29.9		15.5							
Grant, Jonathan																
Higgins, Zachary																
Kim, Joseph																
Lane, Franklin			6:54.2													
Lapinski, George																
Lytle, Alex																
Malfitano, Richard			5:20.3													
Mitchelli, James			5:30.8													
Osorno, David											58-07	62-03				
Price, Ryan			6:11.2													
Ramirez, Jesus							29.9		15.5							
Rapsas, William																
Reilly, Michael												115-01.5	14-01			
Rose, William																
Sacramento, Kevin											77-09	87-08				
Soto, Sunny				69.9												
Theisz, Jacob											61-00	62-01				
TOTAL									1:56.7							

Jackson Liberty JV Series # 3				@ Jackson Liberty								5/12/17				
Name	400IH	100M	1600M	400M	110H	800M	200M	3200M	SSMed	SHOT	DISC	JAV	LJ	TJ	PV	HJ
Antonelli, Dylan			5:59.8													
Berry, Nathan				58.8					63.3							
Bravo, Melvin																
Breen, Dylan																
Carhart, Kevin																
Conticchio, Joseph																
Danko, Dylan													17-00			
Davis, Jared																
Frank, Brandon																
Glenn, Michael							31.0									
Grant, Jonathan																
Higgins, Zachary																
Kim, Joseph																
Lane, Franklin			7:32.7													
Lapinski, George																
Lytle, Alex																
Malfitano, Richard			5:19.7						13.5							
Mitchelli, James			5:32.1						29.0							
Osorno, David																
Price, Ryan			5:55.2													
Ramirez, Jesus					22.5				13.9							
Rapsas, William																
Reilly, Michael																
Rose, William																
Sacramento, Kevin																
Soto, Sunny																
Theisz, Jacob																
TOTAL									1:59.8							

LACEY VS. BARNEGAT / POINT BORO										@ LACEY	5/2/17					
NAME	400IH	100M	1600M	400M	110H	800M	200M	3200M	4X400	SHOT	DISC	JAV	LJ	TJ	PV	HJ
Antonelli, Dylan			6:22.0					13:55.2								
Berry, Nathan						2:37.4										
Bravo, Melvin										24-04	54-07	67-10				
Breen, Dylan													17-08.75	37-07		5-04(3)
Carhart, Kevin				58.5												
Conticchio, Joseph														34-03		
Danko, Dylan				60.2									15-00	33-02		
Davis, Jared						2:24.0			57.9		75-11					
Frank, Brandon																
Glenn, Michael		13.9					32.5									
Grant, Jonathan										37-04	118-06(1)	67-09				
Higgins, Zachary				56.7								113-03	15-08.25			5-00
Kim, Joseph		14.9					32.6									
Lane, Franklin						3:20.7										
Lapinski, George										38-03	115-05					
Lytle, Alex						2:06.1			54.6							
Malfitano, Richard			5:30.3													
Mitchelli, James			5:47.7						64.6							
Osorno, David										23-01	57-10					
Price, Ryan			6:04.0													
Ramirez, Jesus					24.3											
Rapsas, William			4:50.3					10:58.0	57.4							
Reilly, Michael		13.4										88-11		28-10		
Rose, William		12.4					26.2									
Sacramento, Kevin										32-08		93-11				
Soto, Sunny						2:55.6										
Theisz, Jacob																
TOTAL									3:54.1							

LACEY VS. LAKEWOOD				@ LAKEWOOD HIGH SCHOOL								APRIL 4, 2017				
Name	400IH	100M	1600M	400M	110H	800M	200M	3200M	4X400	SHOT	DISC	JAV	LJ	TJ	PV	HJ
Antonelli, Dylan						2:38.0										
Berry, Nathan				60.4												
Bravo, Melvin							27.9				55-06	88-08				
Breen, Dylan													19-09.5(1)	41-06.5(1)		5-08(1)
Carhart, Kevin						2:22(2)										
Conticchio, Joseph							26.3									
Danko, Dylan				60.7									14-10	32-06.5		
Davis, Jared						2:20(1)			58.3							
Frank, Brandon		11.5(3)					23.3(1)		54.6							
Glenn, Michael		15.1					32.1									
Grant, Jonathan										34-06.5	101-09					
Higgins, Zachary									58.3			99-09	18-03(3)			5-04(3)
Kim, Joseph																
Lane, Franklin						3:16.0										
Lapinski, George										39-10.5(2)	118-06(3)					
Lytle, Alex				53.6(1)	22.2(3)				52.8							
Malfitano, Richard	71.9					2:25(3)										
Mitchelli, James			5:46.0					12:26								
Osorno, David										24-03.5	54-03					
Price, Ryan			5:49.0					13:47								
Ramirez, Jesus		14.4														
Rapsas, William	62.8(2)		5:02(1)					11:04(1)								
Reilly, Michael		13.1										122-05(1)	14-04.5	31-09		
Rose, William		12.7					26.4									
Sacramento, Kevin										29-03.25		F				
Soto, Sonny			6:38.0													
Theisz, Jacob										23-09	59-01	63-09				
TOTAL									3:43.0							

LACEY VS. DONAVAN CATHOLIC / MANCHESTER										@ DONAVON CATHOLIC			4/26/17			
NAME	400IH	100M	1600M	400M	110H	800M	200M	3200M	4X400	SHOT	DISC	JAV	LJ	TJ	PV	HJ
Antonelli, Dylan						2:34.8										
Berry, Nathan			5:50													
Bravo, Melvin									64.4			78-07				
Breen, Dylan													19-07.5	40-03.25		
Carhart, Kevin																
Conticchio, Joseph													14-10.5	35-08		
Danko, Dylan				59.7									15-02.5	32-11		
Davis, Jared						2:13.7			58.5							
Frank, Brandon		11.4					22.9		52.7							
Glenn, Michael		14.5					30.3									
Grant, Jonathan										35-01		69-11				
Higgins, Zachary				57.7								99-08	16-06			
Kim, Joseph		15.2					32.3									
Lane, Franklin						3:24.0										
Lapinski, George										37-07.5						
Lytle, Alex				52.9			24.3		53.7							
Malfitano, Richard			5:09		22.0											
Mitchelli, James								11:53								
Osorno, David										23-08.5						
Price, Ryan			6:07													
Ramirez, Jesus		13.9														
Rapsas, William	61.9		4:57					10:20								
Reilly, Michael												94-09		29-05		
Rose, William		12.4					25.4						14-06			
Sacramento, Kevin										30-06.5						
Soto, Sunny						2:43.8										
Theisz, Jacob										23-10.25		72-11				
TOTAL									3:49.4							

LACEY VS. PINELANDS / JACKSON LIBERTY @ PINELANDS REGIONAL														4/18/17		
Name	400IH	100M	1600M	400M	110H	800M	200M	3200M	4X400	SHOT	DISC	JAV	LJ	TJ	PV	HJ
Antonelli, Dylan						2:37.6										
Berry, Nathan						2:25.9			65.0							
Bravo, Melvin										20-06.5	54-04					
Breen, Dylan					21.1								19-02.25	37-03.25		5-04
Carhart, Kevin			5:33.8					12:54.3								
Conticchio, Joseph							26.1		63.1				15-08.0	33-04.25		
Danko, Dylan				61.2									15-05.0	33-10.75 pb		
Davis, Jared						2:19.2			60.4							
Frank, Brandon		12.0					23.6									
Glenn, Michael		15.5					31.7									
Grant, Jonathan										36-00.5	102-05	80-00				
Higgins, Zachary				57.3								117-05	ND			5-02
Kim, Joseph																
Lane, Franklin						3:05.9										
Lapinski, George										38-04	110-06	65-03				
Lytle, Alex	64.4			55.5					57.6							
Malfitano, Richard						2:33.7										
Mitchelli, James			5:38.9					12:42.7								
Osorno, David										24-04	50-06	48-00				
Price, Ryan																
Ramirez, Jesus		14.8														
Rapsas, William	63.9		4:56.0					10:34.7								
Reilly, Michael																
Rose, William		12.6					26.4									
Sacramento, Kevin																
Soto, Sunny			6:48.3													
Theisz, Jacob										23-06	54-01	58-08				
TOTAL									4:06.2							

[illegible]

[illegible]

OCEAN COUNTY FROSH / NOVICE CHAMPIONSHIP @ BRICK MEMORIAL HIGH SCHOOL MAY 23, 2017

MAY 23, 2017

[illegible]

OCEAN COUNTY RELAYS @ SOUTHERN REGIONAL HIGH SCHOOL										MAY 5, 2017	
Name	4X100	D. MED	4X200	4X800	S. MED.	4X400	DISC	SHOT	LJ	TJ	PV
Antonelli, Dylan				2:35.3							
Berry, Nathan				2:26.3							
Bravo, Melvin											
Breen, Dylan	11.6								19-02.25	39-09.75	
Carhart, Kevin											
Conticchio, Joseph										35-05.50	
Danko, Dylan			26.7						16-00.00	34-02.75	
Davis, Jared				2:12.8	24.6						
Frank, Brandon	11.3				23.5						
Glenn, Michael			29.9								
Grant, Jonathan							94-08	35-08.00			
Higgins, Zachary											
Kim, Joseph											
Lane, Franklin											
Lapinski, George							117-01	38-04.50			
Lytle, Alex	11.6				52.9						
Malfitano, Richard				2:27.5							
Mitchelli, James											
Osorno, David											
Price, Ryan											
Ramirez, Jesus			28.8								
Rapsas, William					2:05.6						
Reilly, Michael			27.5						14-07.00		
Rose, William	12.8										
Sacramento, Kevin											
Soto, Sunny											
Theisz, Jacob							64-07	23-07.00			
Total / Place	46.6				3:46.79 (5)		276-04	97-07.50	49-09.25	109-06 (6)	
JV			1:53.28	09:42.6							

PENN RELAYS @ UNIVERSITY OF PENNSYLVANIA , PHILIDELPHIA, PA.**APRIL 28-29 2017**

Name	4X100	4 X 200	4 X 400	4X800	S. MED.	D.MED.	DISC	SHOT	LJ	TJ	PV
Antonelli, Dylan											
Berry, Nathan											
Bravo, Melvin											
Breen, Dylan	11.62		55.43								
Carhart, Kevin											
Conticchio, Joseph											
Danko, Dylan											
Davis, Jared											
Frank, Brandon	11.38		51.62								
Glenn, Michael											
Grant, Jonathan											
Higgins, Zachary											
Kim, Joseph											
Lane, Franklin											
Lapinski, George											
Lytle, Alex	11.74		53.53								
Malfitano, Richard											
Mitchelli, James											
Osorno, David											
Price, Ryan											
Ramirez, Jesus											
Rapsas, William			54.71								
Reilly, Michael											
Rose, William	12.12										
Sacramento, Kevin											
Soto, Sonny											
Theisz, Jacob											
Total / Place	46.76		3:35.28								

SHORE CONFERENCE CHAMPIONSHIP @ NEPTUNE HIGH SCHOOL MAY 20, 2017

MAY 20, 2017

[illegible]

LACEY TOWNSHIP HIGH SCHOOL
TOURNAMENT ENTRY REQUEST FORM

INSTRUCTIONS: 1. Attach supporting documentation: copy of invoice, all vouchers, etc.
2. Athletic Director must approve the expenditure by signing below.
3. Coach or students are not to draw from checks themselves.

DO NOT USE YOUR OWN MONEY & EXPECT REIMBURSEMENT.

PAY TO THE ORDER OF: NJSIAA

THE SUM OF: \$666.00 Boys \$ 330 Girls \$ 336

PURPOSE OF PAYMENT: NJSIAA State Sectional

CHARGE TO THE ACCOUNT OF: _____

DATE OF TOURNAMENT: 5/26 & 5/27

SIGNATURE OF COACH: _____

TOURNAMENT

Date of Tournament: 5/26 & 5/27

Name of Tournament: NJSIAA State Sectional

Entry Deadline: 5/22/17

Mail to: Bill Bruno PO Box 487 Robbinsville, NJ 08691

Location of Tournament: Delsea Regional High School
242 Fries Mill Rd. Franklinville, NJ 08322

Starting Time: 5/26 3:30 pm 5/27 10:00 am

Time for bus to leave: 5/26 1:30 pm 5/27 7:30 am

Number of buses needed: (1)

Athletic Director

CHECK THAT YOU HAVE FORWARDED ORIGINAL ENTRY FORMS YOURSELF X

CHECK THAT YOU HAVE ATTACHED LETTER SHOWING COST X

CHECK THAT YOU HAVE ATTACHED COPIES OF YOUR ENTRY FORM X

You should send originals yourself.