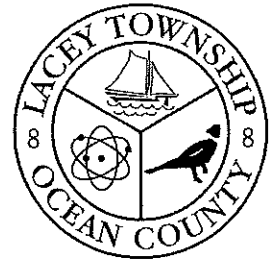




# Recreation Department

818 W Lacey Road,  
Forked River, NJ 08731  
609-693-1100 Ext 2203

lacey.recreation@laceytownship.org  
www.laceytownship.org



## Halloween Costume Parade

The Lacey Township Municipal Alliance will sponsor a Halloween Costume Parade at the Middle School on **Saturday, October 20th**, between the hours of 10:30 am and 1:00 pm. Don't miss our great giveaways, DJ, Halloween crafts, refreshments, and lots of fun. Each paid registrant will receive admission into the event, 2 hotdogs, drink, cupcake, as well as a small pumpkin to decorate.

Please pre-register at the Recreation office to guarantee a spot for your child. Pumpkins to the 1st 175 registered!



Fee: \$7.00 in advance by Thursday, October 18th.  
\$10.00 after and at the door if space allows.

## Fall Break Days at Recreation

Let your child spend his or her fall break at the Recreation Department where we will have lots of fun and games set up through each day. Special appearances by some of your favorite instructors. Yoga, crocheting, fun fall crafts, games, slime, snacks and more.

Location: Lacey Recreation Classroom  
Instructor: Multiple



November 8th & 9th	9:00 am to 4:00 pm
Thursday Only	\$45.00
Friday Only	\$45.00
Thursday & Friday	\$80.00

Sign In/Out throughout the entire day as needed.  
Children must bring a lunch and water each day.

## It's Sew Crafty with Crafty Katie

Kids will learn to use a sewing machine, hand sew and use patterns created by Crafty Katie specifically designed for boys and girls ages 6-12. Each six week session will be building their fine and gross motor skills by learning to pin and cut fabric as well as create their own patterns. A wide variety of projects from stuffed animals to applique art!



Location: Lacey Recreation Classroom  
Instructor: Crafty Katie

Thursdays: Session I, Oct. 4, 11, 18, 25, Nov. 1, 15  
Session II, Nov. 29, Dec. 6, 13, 20, Jan. 3, 10  
Session III, Jan. 24, 31, Feb. 7, 14, 21, 28  
No Class Nov. 8, 22, Dec. 27

Ages 6—10 (Level 1) 5:15—6:15 pm Fee: \$72.00  
Ages 8—13 (Level 2) 6:30—7:30 pm, Ages 8-9 must have taken class with Crafty Katie at least 3 sessions.

Machines and all Materials included.

## Teddy Bear Crochet with Crafty Katie

Bring a teddy bear and learn how to use yarn and a crochet hook to make them a sweater! No experience needed, all materials provided -Teddy bears must be labeled with child's name - bears will stay safe with Crafty Katie during the 6 weeks.

Location: Lacey Recreation Classroom  
Instructor: Crafty Katie

Thursdays: Session I, Oct. 4, 11, 18, 25, Nov. 1, 15  
Session II, Nov. 29, Dec. 6, 13, 20, Jan. 3, 10  
Session III, Jan. 24, 31, Feb. 7, 14, 21, 28  
No Class Nov. 8, 22, Dec. 27

Ages: 6—10  
Time: 4:30—5:15pm

Fee: \$35.00 Includes all materials and an afterschool Snack



## Real Ghost Stories of Lacey Township

The Lacey Township Historical Society & the Recreation Department have planned a supernatural event for the whole family. S'Mores at the fire pit, mysterious search for the Jersey Devil, and a ghostly candlelit tour of the Old Schoolhouse Museum. Excursions begin at 6:00 pm to the last tour at 8:40 pm.

Fridays, October 19 & 26

Tickets on sale at the Recreation Office, Monday through Friday, 8:30 am to 4:30 pm

Ticket Price: \$4 in advance  
\$5 at the door/ if available



### ***Gentle Yoga for Lacey Food Bank***

This yoga program, to benefit the Lacey Food Bank, is a beginner friendly yoga class designed for all levels to enjoy.

**Location:** Lacey Recreation Classroom  
**Instructor:** Adrienne Costa-DiPaolo

**Sundays, Oct. 7, Nov. 4, Dec. 2, Jan. 6, Feb. 3**  
**6:00—7:00 pm**

**Admission is Free if you bring a non perishable food item for the Lacey Food Bank to class.**



### ***FitMixx: Fusion Body Sculpting Workout***

60 minute fitness program designed to improve your overall health with equal parts dance, cardio, strength training, sculpting, and yoga to ensure a great total body workout. This versatile format will keep you engaged, feeling strong, and energized. Emphasis is placed on overall conditioning for fat loss, lean muscle development, coordination and stability. Workouts are adaptable to any fitness level and background. Bring plenty of water!

**Location:** Mill Pond Cafeteria  
**Instructor:** Bunny McGauley  
**Wednesdays**

**Session I, Oct. 17, 24, 31, Nov. 7, 14, 28, Dec. 5, 12**  
**Session II, Jan. 9, 16, 23, 30, Feb. 6, 13, 20, 27**  
**6:00 pm—7:00 pm**  
**Fee: \$40 per session**                      **Drop In: \$5.00 / Class**

### ***Men's Night Yoga***

This all levels practice geared towards guys. Whether you're new to yoga or you want to deepen your current practice all are welcome. We will work on flexibility, Breathe work, and meditation/stress relief. We will work together on the body and mind.

**Location:** Lacey Recreation Classroom  
**Instructor:** Kevin Deimer  
**Wednesdays**

**Session I: October 17, 24, 31, Nov 7, 14, 28, Dec 5, 12**  
**Session II: Jan 2, 9, 16, 23, 30, Feb 6, 13, 20**  
**6:30—7:30pm**                      **Ages: Adults**  
**Fee \$64.00 per session**                      **Drop In \$10.00**  
**Bring a yoga mat or towel and bottled water**

### ***Adult Pickleball— Open Gym***

We provide the equipment so you can come out for pick-up games and have a great workout.

**Location:** Lacey Middle School  
**Supervisor:** Bud Mezera

**Adults 18 and over**  
**Mondays 6:30—9:00**

**Sept. 24, Oct. 1, 15, 22, 29, Nov. 5, 12**  
**Gym Unavailable: October 8th**



**Fee: \$15.00**

### ***Tuesday Night Yoga***

Fusion based class combining athletic based yoga poses and the best of Joseph Pilates body slimming and core exercises. Guaranteed to be the most effective yet relaxing workout. All levels welcome.

**Location:** Lacey Recreation Classroom  
**Instructor:** Adrienne Costa-DiPaolo  
**Tuesdays:**

**Session I: Aug. 28, Sept. 4, 11, 18, 25, Oct. 2, 9, 16**  
**Session II: Oct. 23, 30, Nov. 13, 20, 27, Dec. 4, 11, 18**  
**Session III: Jan. 8, 15, 22, 29, Feb. 5, 19, 26, March 2**  
**No Class Nov. 6th, Dec. 25, Jan. 1 & Feb. 12**  
**7:00 - 8:00 pm**                      **Ages: Adults**  
**Fee: \$ 64.00 per session**                      **Drop In: \$10 per Class**



### ***Zumba with Diane***

A Dance Fitness Class that is fun, energetic and makes you feel amazing! Designed for all levels this class combines low and high intensity moves for an interval style caloric burn class! A total workout with the addition of 1-2 lb weights for toning and sculpting! Come and join the party!

**Location:** Lacey Community Hall (Upstairs)  
**Instructor:** Diane Salkeld  
**Tuesdays:**

**Session I: Sept 4, 11, 18, 25, Oct 2, 9, 16, 23,**  
**Session II: Oct. 30, Nov. 13, 20, 27, Dec. 4, 11, 18, Jan. 8**  
**Session III: Jan. 15, 22, 29, Feb. 5, 19, 26, Mar. 5, 12**  
**No Class Nov. 6th, Dec. 25, Jan. 1 & Feb. 12**  
**9:00—10:00 am.**  
**Fee: \$32.00 per session**                      **Drop In: \$5.00/class**  
**Ten class punch card available for \$45.00**



**ZUMBA**  
FITNESS

### ***Lacey ART Group***

Teens and adults come join a community group for creating public art! You do not need to be an "artist" to join this group. We will meet the second Monday of every month to discuss and design community art projects.

**Location:** Lacey Recreation Classroom  
**Instructor:** Crafty Katie

**Mondays:**  
**Oct. 8, Nov. 12, Dec. 10, Jan. 14, Feb. 11, Mar. 11**  
**Teens & Adults**                      **Time: 7:30 pm**

**Contact Crafty Katie for additional information,**  
**laceyartgroup@gmail.com**

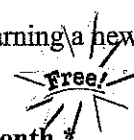


### ***Just Unwind Knitting Club***

Come out and meet some new friends while learning a new skill.

**Location:** Lacey Recreation Classroom  
**\*Does NOT meet on 1st Thursday of each month.\***  
**Instructor:** Crafty Katie

**Thursdays at 7:30pm, contact Crafty Katie for additional information, itsewcrafty@gmail.com**



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**Location:** Lacey Community Hall (Upstairs)  
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**Mondays:**

**Oct. 8, Nov. 12, Dec. 10, Jan. 14, Feb. 11, Mar. 11**  
**Teens & Adults**                      **Time: 7:30 pm**

**Contact Crafty Katie for additional information,**  
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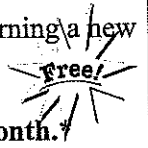
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**Instructor:** Crafty Katie

**Thursdays at 7:30pm, contact Crafty Katie for additional information, itsewcrafty@gmail.com**





### Senior Connections

The goal of our senior program is to encourage seniors to stay active and "connected" to the community. The Alliance offers a variety of activities from exercise classes and luncheons to mentoring programs. The **Health Ease** exercise program called "Move Today" continues on Thursday mornings at Community Hall from 9-10 am. Luncheons are held the last Friday of every month at Community Hall. The luncheons are a wonderful way to get out, get updated on Township business, share some laughs and meet new friends. **Transportation is available through the Recreation Department if needed. We do insist that you call ahead to make a reservation so we can have an accurate head count for lunch.**

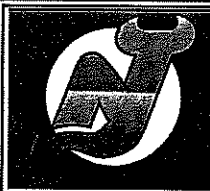
September 28, Italian	Fee: \$6.00	Pre Paid in advance
October 26, Halloween/Octoberfest	\$7.00	Registered Pay day of
November 30, Holiday	\$8.00	door, if space allows
January 25, Chinese New Year		
February 22, Mardi Gras/Hollywood		

### Line Dancing

Come join us every Monday as we move and groove down the dance floor. Learn some dances and meet new friends. No Experience Necessary!

**Location:**  
Community Hall Upstairs  
**Instructor:**  
Gerry Marchitto

**Mondays 11:00 am**  
**Fee: \$3.00 per class**



**Hockey Day Trip,**  
**New Year's Eve, Monday, Dec 31**  
**\$55 per ticket**  
**Bus Leaves 10:45 am from Gille Park Hockey Rinks**



#### REGISTRATION INFORMATION

#### Registration process

- You may register in person or by mail. Recreation Dept. 818 W Lacey Road, Forked River, NJ 08731
- Township offices are open Monday-Friday, 8:30 a.m. - 4:30 p.m.
- If registering in person or by mail, a registration form must be properly filled out, signed and submitted with your payment.
- Cancellations or transfers must be made 7 days prior to a trip or class. No Refunds will be honored after this date.
- Refunds will not be given except in the case of injury or illness. Written documentation from a physician is required.
- Courses canceled due to inclement weather or instructor absence will be made up at the end of the session.

Name	Age	Program	Session	Fee

**Street address** \_\_\_\_\_

**City** \_\_\_\_\_ **Zip Code** \_\_\_\_\_

**Home Phone** \_\_\_\_\_ **Cell Phone** \_\_\_\_\_

**Email Address** \_\_\_\_\_

**Emergency Contact Name** \_\_\_\_\_ **Phone** \_\_\_\_\_ **Relationship** \_\_\_\_\_

**I, the registrant/guardian (circle one) by applying to participate in Lacey Township Recreation program, do hereby waive, release, absolve, indemnify and agree to hold harmless Lacey Township, the organizers, sponsors and supervisory of the program.**

**Signature** \_\_\_\_\_ **Printed Name** \_\_\_\_\_ **Date** \_\_\_\_\_